

### 8.03 D. Allergic Reaction / Anaphylaxis

#### CLINICAL CRITERIA FOR DIAGNOSIS OF ANAPHYLAXIS

For Anaphylaxis diagnosis, follow the criteria based on allergen exposure :  
KNOWN, PROBABLE, or UNKNOWN.

If anaphylaxis criteria not met, treat for Allergic Reaction and monitor the patient closely. Start "Anaphylaxis" Treatment if the criteria is met at a later time.

\*<sup>a</sup> Repeat Epi or Certadose Epi Kit or EpiPen/EpiPen Jr. every 5-10 min. if continued Anaphylaxis symptoms.

\*<sup>b</sup> Ref. Table 8-2 and Table 8-3.

Known Exposure	
<b>Anaphylaxis if ONE Criteria Present</b>	
• <b>Cardiac Dysfunction</b>	
-Hypotension (age specific)	
-Syncope	-Altered Mental Status
• <b>Respiratory Compromise</b>	
-Dyspnea	-Wheeze/Stridor
-Cyanosis	-Bronchospasm
-Hypoxemia	-Change in Voice
-Feeling of Throat Swelling	
<b>Probable Exposure</b>	
<b>Anaphylaxis if ≥ 2 Criteria Present</b>	
• <b>Cardiac Dysfunction</b>	
-Hypotension (age specific)	
-Syncope	-Altered Mental Status
• <b>Respiratory Compromise</b>	
-Dyspnea	-Wheeze/Stridor
-Cyanosis	-Bronchospasm
-Hypoxemia	-Change in Voice
-Feeling of Throat Swelling	
• <b>Skin / Mucosal Involvement</b>	
-Hives	-Angioedema/Swelling
-Pruritis	-Flushing
• <b>Persistent GI Symptoms</b>	
-Vomiting	-Diarrhea
-Crampy Abdominal Pain	
<b>Unknown Exposure</b>	
<b>Anaphylaxis if Skin / Mucosal Involvement</b>	
• <b>Skin / Mucosal Involvement</b>	
-Hives	-Angioedema/Swelling
-Pruritis	-Flushing
<b>PLUS ONE Additional Criteria Present</b>	
• <b>Cardiac Dysfunction</b>	
-Hypotension (age specific)	
-Syncope	-Altered Mental Status
• <b>Respiratory Compromise</b>	
-Dyspnea	-Wheeze/Stridor
-Cyanosis	-Bronchospasm
-Hypoxemia	-Change in Voice
-Feeling of Throat Swelling	

