**Indications**

Alert and clinically stable patients with symptomatic narrow complex SVT.

**Contraindications**

- History of: Sick Sinus Syndrome, carotid bruits, digitalis toxicity
- Pediatric patients
- Carotid sinus massage

**Procedure**

1. Run a continuous rhythm strip throughout procedure
2. Have patient blow into a 10 mL syringe until the plunger begins to move
3. Lay the patient flat and raise legs to approximately 45 degrees
4. If patient converts, lower legs and raise patient back into seated position
5. May repeat if needed