Indications
Prevention and/or alleviation of gastric distention.

Contraindications
1. Patients with facial trauma
2. Patients with suspected or possible epiglottitis or croup
3. Current or History of esophageal varices

Complications
1. Epistaxis
2. Coiling of tube in posterior pharynx
3. Placement of tube into trachea
4. Retching in conscious patient

Procedure - Nasal
1. Mark the distance the tube should be inserted by measuring the distance from the ear lobe to the bridge of the nose, then from the bridge of the nose to the xiphoid process.
2. Examine the nose for septal deviation
3. Select most patent nostril, place patient in semi-Fowler position and flex head slightly forward.
4. Insert lubricated tube and pass carefully along nasal floor, instructing patient to swallow as tube enters oropharynx.
5. Pass the tube to desired point as marked on tube.
6. Check placement of tube by aspirating gastric contents or by auscultation over epigastrium while injecting 20-30 ml of air.
7. Secure tube and perform evacuation as needed.

Procedure - Oral
1. Mark the distance the tube should be inserted by measuring the distance from the ear lobe to the corner of the mouth then from the corner of the mouth to the xiphoid process.
2. Insert lubricated (if needed) tube into mouth, instruct patient to swallow as tube enters oropharynx.
3. Pass the tube to desired point as marked on tube.
4. Check placement by aspirating gastric contents or by auscultating over epigastrium while injecting 20-30 ml of air.
5. Secure tube and perform evacuation as required.