### PPE Checklist – Doffing CAPR

#### Pre-Doffing area

- If available stand in the shuffle pit filled with disinfectant solution for one minute (The shuffle pit should be located outside of removal Area).
- Inspect PPE for any obvious tears or breach in suit.
- Step out of shuffle pit onto disposable absorbent mat and enter doffing area.

#### Doffing Area

- Engage trained observer.
- Apply a light mist of disinfecting spray to the outer portions of the yellow suite and wait 1 min.
- Inspect the outer gloves' outer surfaces for visible contamination, cuts or tears. If outer gloves are cut or torn, notify observer.
- Untie the filter hood tabs. Bottom tab first. Pull ties through to the front and discard.
- While standing carefully remove duct tape from rubber boots. Discard tape into receptacle.
- Disinfect outer gloves with disinfectant wipe or alcohol-based hand rub and wait for one minute.
- Remove and discard outer gloves, taking care not to contaminate inner glove during removal process. (Spray discarded gloves with disinfecting spray)
- Disinfect inner gloved hands with disinfectant wipe or alcohol-based hand rub and allow to dry.
- Remove duct tape from wrist by pinching tab and pulling carefully. Discard tape into designated receptacle. (Spray with disinfecting spray)
- Reach down and disconnect power cord to battery.
- Turn with back facing assistant. Assistant reaching under the hood to the clean side, carefully flip the back side of the filter hood up and over the helmet to the front. (assistant disinfect outer gloves with disinfectant wipe or alcohol-based hand rub and wait for one minute)
- Leaning slightly forward with Lens facing the floor, grasp the outer sides of helmet and remove slowly, careful not to contaminate self.
- Place hood into designated tub for decontamination.
- Grasp battery pack and disconnect battery belt, place into designated tub for decontamination.
- Spray disinfecting spray into decontamination tub.
- Disinfect gloved hands with disinfecting wipe or alcohol-based hand rub and allow to dry.
Pull back zipper flap of suit exposing zipper. Assistant carefully unzip the zipper with the zip-tie.

Turn with back facing assistant. Assistant slowly and carefully begin to roll suit over the shoulders (careful not to touch primary clothing or skin). Roll suit so that outside rolls into self, exposing clean surface of suit until you have reached the ankles. **(Assistant should take care to only touch interior of suit.)**

Take a seat onto the clean stool. Remove one foot at a time from suit and place clean foot into the yellow doffing area.

Carefully grab suit on the inside clean surface and discard into waste receptacle being careful not to touch self or assistant with suit. Repeat for rubber boots.

Disinfect gloved hands with disinfectant wipe or alcohol-based hand rub and allow to dry.

Remove gloves using proper technique and dispose in designated waste receptacle.

Perform hand hygiene with alcohol-based hand rub.

Remove radio equipment and personal eyeglasses (if worn) and disinfect with wipes or spray. Place in designated bin.

Perform a final inspection for any indication of contamination of the hospital scrubs or otherwise on the body.

Exit doffing area and into designated shower facility. Place all scrubs and clothing into designated bag.