PPE Checklist – Donning of CAPR

Preparation

☐ Verify CAPR check and assembly has been performed per manufactures recommendations.

☐ Perform a communications check on all radio equipment.

☐ Verify correct size of coveralls, shoes, gloves and N95 respirator.

☐ Change into dedicated footwear if wearing Crocs.

☐ Ensure adequate time for hydration and bathroom use.

☐ Secure long hair up and off back of neck.

Donning Primary Health Care Provider

☐ Place jewelry, watch, name badge, electronic devices in a plastic personal property bag.

☐ Change into disposable surgical scrubs or dedicated clothing.

☐ Put on cooling vest. (For extended suit times)

☐ Sit on a chair and pull coveralls on over shoes (if wearing), stand and put on coveralls.

☐ Pull on outer rubber boots over the coveralls.

☐ Seal the top of boot to pant with duct tape, leaving a tab for easy removal.

☐ Tuck hood into the back of the suit.

☐ Attach a Zip-tie to the zipper and zip up the coveralls, remove adhesive strip backing and seal the coveralls zipper.

☐ Prepare the hood for donning.

☐ Using the Battery clip attach the battery to the outer body or belt and secure belt to waist.

☐ Put the helmet power cord into the battery to initiate air-flow. When pushing the power cord connector into the connection on the battery use a slight twisting motion. Verify light is on and working.

☐ Adjust the Helmet-rotary Adjustment Knob counterclockwise to insure the headband will easily fit over the head.

☐ Flip the back side of the filter hood up and over the helmet to the front. Grasp the Helmet on each side with the filter hood lens facing the floor and rotary adjustment knob facing the ceiling.

☐ Place the helmet firmly on the head. Position the Helmet so that the front headband is within a 1/2 inch of the eyebrows, and the rear headband is resting under occipital bone above the vertebrae on the neck.

☐ Tighten the rotary adjustment knob so that the headband secures the helmet and allows a full range of head and body movement without adversely affecting the secure position of the helmet. Do not over tighten to cause discomfort.
Flip the back side of the filter hood back up and over the helmet and pull it down fully in the back.

Tie the filter hood tabs tightly around the neck area to restrict air access to the neck and head area. There should be a maximum gap distance of approximately 1/4" between the neck and the hood.

Tie the second filter hood tabs around the torso. (Bows should be in the front)

Put on a pair of inner-gloves. The inner gloves must be underneath the cuff of the sleeves.

Using a strip of duct tape, create a seal around the wrist where the gloves meet the suite, leaving a tab for easy removal. Ensure movement is not hindered.

Put on a pair of outer-gloves, pulling the glove over the top of the sleeve. (Generally 1 size larger)

Trained observer performs a visual inspection looking for possible exposure risk.