EMR Adult Protocols

<table>
<thead>
<tr>
<th>Protocol Title:</th>
<th>Nausea and Vomiting</th>
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<tr>
<td>Original Adoption Date:</td>
<td>05/2002</td>
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<td>Date of Most Recent Update:</td>
<td>November 3, 2016</td>
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<tr>
<td>Medical Director</td>
<td>Chad Torstenson M.D.</td>
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**Basic Treatment Guidelines:**
Follow initial protocol for all patients.

**Advanced Treatment Guidelines:**
ZOFRAN 4.0 mg IV. If nausea or vomiting are not resolved after 5 minutes from the initial dose, a second dose ZOFRAN 4.0 mg IV may be administered. Prior to administering a second dose, the patient’s Q-T interval must be verified as less than 470 Milliseconds. ECG Monitoring data must be attached to the Patient Care Record when a second dose has been administered.

**Indications:**
For the patient experiencing nausea and/or vomiting
May consider for the immobilized patients who present with nausea and creating a high index of suspicion for airway protection.

**Special Considerations:**
When treating patients with certain medical conditions, nausea and vomiting may be present, and in many cases, the nausea and vomiting may be causing the patients more distress than the actual illness itself. Providing relief to these patients will be beneficial. Possible but not exclusive medical conditions that may be present are:
1. Flu
2. Pancreatic and gall bladder disease
3. Inner ear disorders
4. GI bleeding
5. Patients that may become nauseated due to motion sickness

Remember that nausea and vomiting are a symptom and may be due to a serious underlying trauma or medical condition. It is important to obtain a thorough medical history on all patients.
to ensure that a more serious condition does not exist. Do not hesitate to consult with medical control.