

Protocol 700-M1

Overdose/Poison Ingestion

Rev: 2/18

**BLS Treatment**

- ❖ Treat life threats. (See Procedure 701 *Life Threats*)
- ❖ Ensure Scene Safety. Wear appropriate PPE.
- ❖ Treat Narcotics/Opioids Overdose/Poison Ingestion (See Procedure 320 *Intranasal Naloxone by Public Safety First Responders*)
- ❖ CPR per current County guidelines. Minimize delays and interruptions
- ❖ Prepare for transport/transfer of care.

**ALS Treatment**

- ❖ Treat according to ingestion. (See Table)
- ❖ Transport/Contact Base Station.

**Treatment Table**

Narcotics / Opioids	<ul style="list-style-type: none"> <li>◆ <b>Naloxone</b> 1-4 mg IVP/IM/IN/IO. May repeat twice every 2-3 minutes (max dose 10mg)</li> <li>◆ Methadone, Darvon, and Darvocet overdose may require repeated doses</li> </ul>
Suspected Ecstasy, Rohypnol, GHB	<ul style="list-style-type: none"> <li>◆ Ensure airway protection and monitor for signs of aspiration.</li> <li>◆ Monitor the patient's body temperature. Use cooling measures as indicated.</li> </ul>
Tri-Cyclic Anti-Depressants	<ul style="list-style-type: none"> <li>◆ Administer <b>Sodium Bicarbonate</b> 1mEq/kg IVP (max dose 100mEq) for hypotension (SBP 90mmHg or less), seizure, and/or a QRS widening greater than 0.10s.</li> <li>◆ If hypotension and seizures persist, or if the QRS becomes greater than 0.12s, administer additional <b>Sodium Bicarbonate</b> at 0.50 mEq/kg IVP to a max dose of 100mEq.</li> </ul>
Organophosphates/Cholinergics/ Pesticides	<ul style="list-style-type: none"> <li>◆ Administer <b>Atropine</b> 2 mg IVP (may repeat every 5 minutes until asymptomatic)</li> <li>◆ <b>Normal saline</b> bolus as necessary for hypovolemia.</li> </ul>
Major Tranquilizers/ Neuroleptics	<ul style="list-style-type: none"> <li>◆ Administer <b>Diphenhydramine</b> 50 mg IVP/IM for dystonic reactions.</li> </ul>
Calcium Channel Blockers (diltiazem, verapamil, nifedipine)	<ul style="list-style-type: none"> <li>◆ Administer <b>Glucagon</b> 1 mg IM for hypotension (SBP 90mmHg or less)</li> <li>◆ Administer <b>Calcium Chloride</b> 1 gram given over 5-10 minutes IVP for persistent hypotension or symptomatic bradycardia</li> <li>◆ <b>Warning: Calcium chloride</b> is contraindicated if the patient is currently taking Digoxin</li> </ul>
Beta Blockers (atenolol, metoprolol, nadolol)	<ul style="list-style-type: none"> <li>◆ Administer <b>Glucagon</b> 1 mg IM for SBP 90mmHg or less</li> <li>◆ Treat symptomatic bradycardia as necessary with additional <b>Glucagon</b> 1mg IM</li> </ul>

*David Ghilarducci MD*

David Ghilarducci MD  
EMS Medical Director