## 3.02 DECOMPRESSION INJURY

### BLS Treatment
- NPO.
- 100% **Oxygen** by non-rebreather mask.
- Place patient in left lateral position, have suction ready.

### ALS Treatment
- IV or IO of **Normal Saline** TKO.
- If SBP < 90 or signs of poor perfusion, **Normal Saline** fluid bolus.

### Comments
- Shock position is contraindicated.
- Be alert for recurring hypoxia.
- Gather dive history in preparation for later transfer to recompression-capable facility:
  - Total dive time in the last 24 hours.
  - Number of dives made, include surface intervals between dives, if available.
  - Duration of and time since descent/ascent (total surface interval).
  - Depth of deepest submersion and depth of last dive (include previous dives within 24 hours, if available).
  - Temperature of the water.
  - Symptom onset (times and description).
  - Mechanism of injury suggestive of head/neck injury.
  - Emergency ascent? If so, from what depth?
  - Was the dive made with compressed air or other types of mixed gas?
- Joint pain (location/severity)
- Pulmonary exam: Rales or signs of pulmonary edema, respiratory distress including symptoms of mediastinal emphysema.
- Neurologic exam: Monitor frequently (q 10-15 minutes) for changes.